

How to contribute to **sustainable, green and future** proof shopping centres?



**Sustainability  
fit-out guide  
for retailers**

Lar España endeavours to carry out its operations and decision-making in an **ethical, responsible and sustainable manner** in order to make a positive contribution to society and the environment.

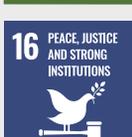
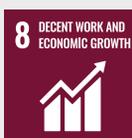
## Environmental, social and corporate governance

With this in mind, and in order to achieve its objectives, the company has laid down its core principles, commitments, goals, strategy and values in a **Sustainability/ESG Policy**.

With a focus on creating shared value and furthering socio-economic progress while generating a return for investors in a sustainable fashion, the company created the ESG Master Plan.

Lar España's business model is based on the guiding principles, commitments, objectives and lines of action of the Compact, the principles of the Organization for Economic Co-operation and Development the International Labour Organization (ILO) Declaration.

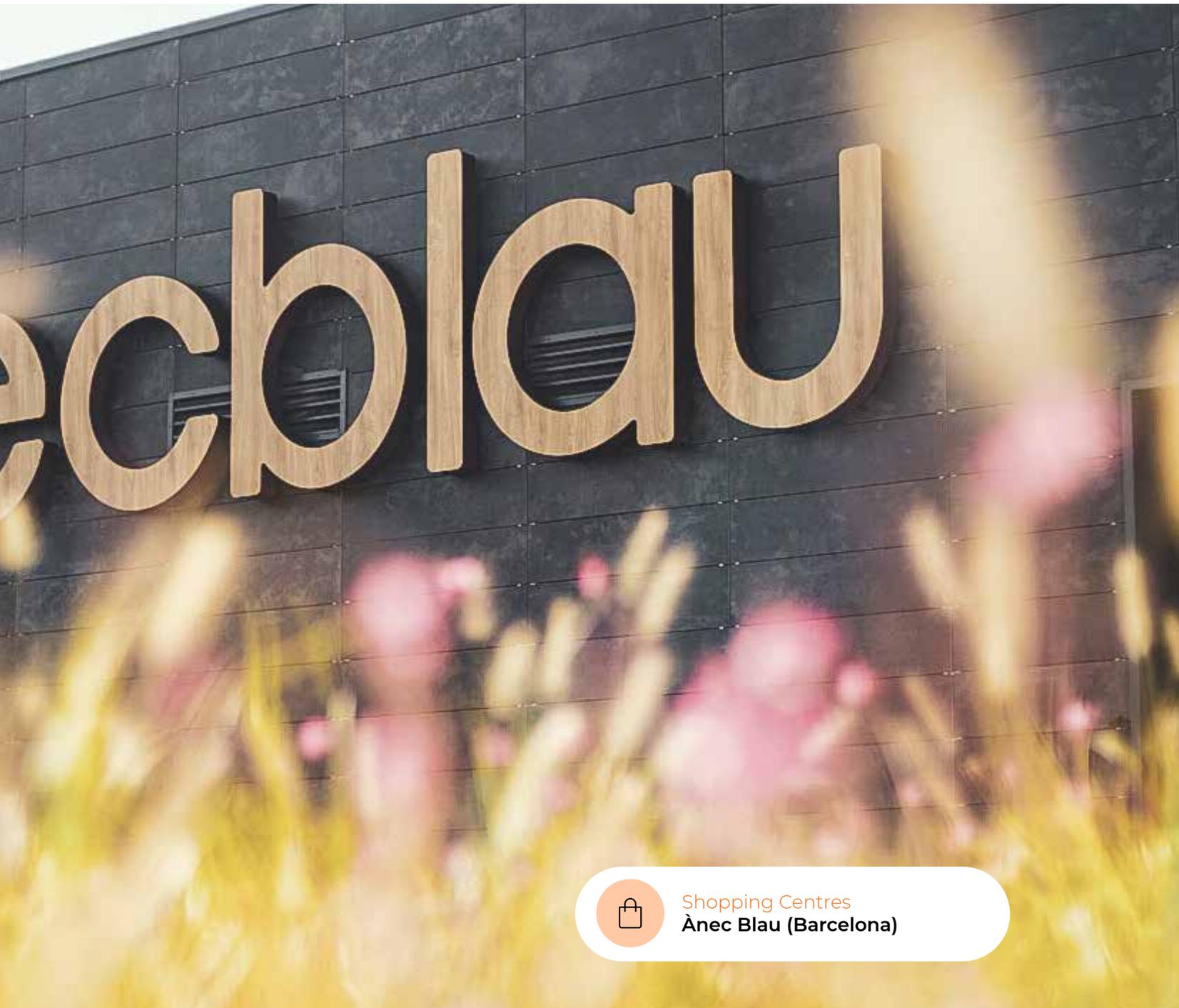
Lar España is committed to embedding the Sustainable Development Goals (SDGs) across the company. The company performed a study in which it identified and prioritized the following SDGs as the areas in which it can make the biggest difference.



## Fit-out guide

As a user of one of our buildings, you are part of an increasingly 'greener' community. We strive to make our properties as sustainable as possible: we reduce our CO2 emissions, decrease natural gas consumption and increase the wellbeing of the people who work in our buildings.

By working in one of our buildings you are already contributing to a more sustainable world. We would like to encourage you to use our buildings in a green and healthy way. In this guide you will find tips on how to limit energy consumption, how to live a healthier lifestyle, and above all, how to make working in this building more rewarding.





## Waste conscious

**'Reduce - Reuse - Recycle' are good principles to hold on to and reduce your waste flows.**

Start off with reducing your waste, and when it is generated, look for possibilities of reusing, and only then recycle! Work towards the ultimate goal; a zero-waste business. Do some research on how to reduce, reuse and recycle packaging materials, and make sure to properly dispose the waste material you cannot use anymore.





**When possible, aim on using less packaging, or change packaging to recyclable packaging.**

## Tips for good management

- **Tackle your trash!**

Analyze where the trash you generate comes from. When the source is known, there can be looked at potential strategies to reduce trash generation in the form of packaging materials and so forth. It can be that this is generated further up the supply chain, so communicating with suppliers is a key step. When possible, aim on using less packaging, or change packaging to recyclable packaging and charge consumers for plastic shopping bags, to stimulate them to bring their own bags and reduce the sales of plastic bags to a minimum.

- **Use a paperless cash register system.**

Not every customer needs a paper receipt, so only print this when needed.

- Retail is producing many different kinds of trash, next to plastic, paper and packaging materials. Think about damaged products, damaged packaging or products removed from the assortment. **Try to check if other organizations can maybe use these products!** Think about thrift shops or foodbanks, parties that are happy with the products that would otherwise end up as waste!

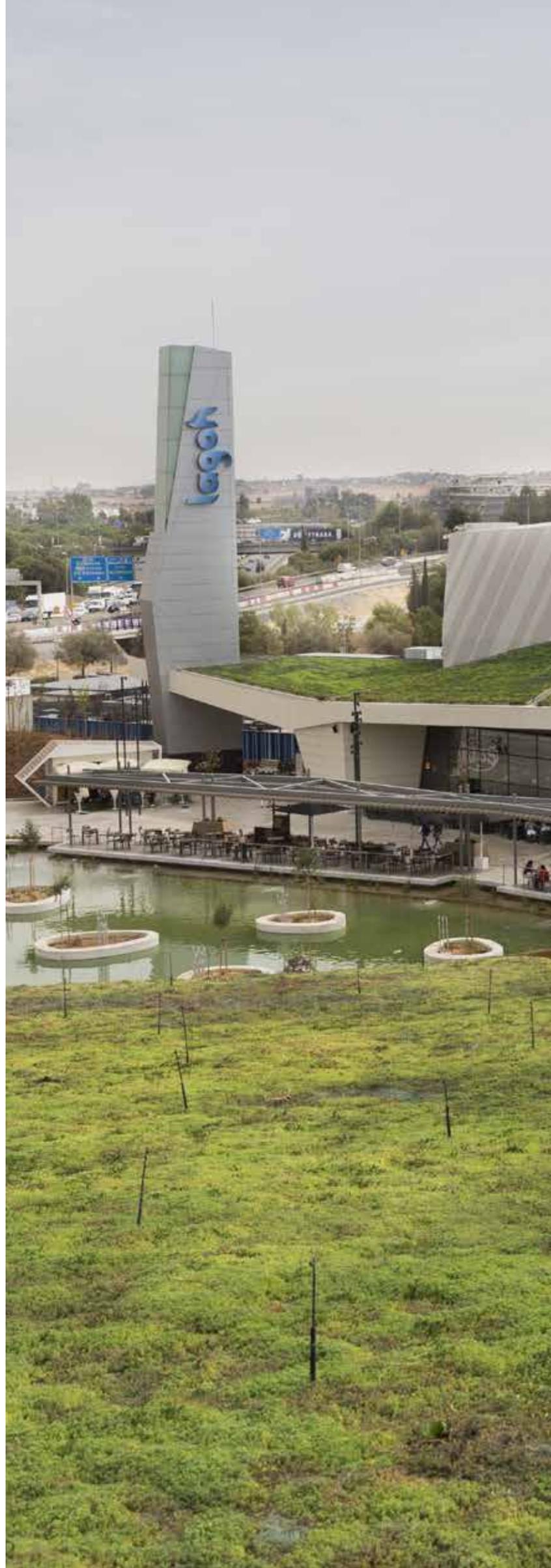
- **A big impact can be made by recycling materials.**

A consultancy firm can help you reduce the footprint of the company and think along in this regard. Customers can also help, by handing in used products or to bring their own coffee mug.



## Healthy and green

For the employees, but also your customers, it is important to have a healthy and green appearance. **Showing that you care about the planet can even be turned into a whole business model** in those times where people get more and more environmentally conscious. Consumer behavior is shifting towards more sustainable, so also the retail sector can get on board with this and do good for both customers, the planet and the profit of the business.





**Inspire each other,  
and learn from  
your neighbors to  
create your own  
zero-waste or  
recycling strategy  
and policies!**

## Healthy and green tips

- **Sustainable interior design is trendy!**  
Decorate your store with plants, which give a healthy and pleasant appearance. Use reused or sustainable materials to furnish your store.
- **Make sure there are healthy snacks available and good lunch when applicable.**  
Think about free fruit for employees, and make sure other healthy snacks can be found in the kitchen.
- **Also provide customers with sustainable options!**  
There is an increasing demand in green products, so have a look at how the assortment in your store can be more sustainable.
- **Go outside during the break.**  
It is important to get some fresh air, both positive for your health and your productivity.  
**Fresh air = free energy!**
- **Set up a sustainability team for your store** or for the whole shopping center. Maybe the store next to you has a good strategy to tackle their sustainability issues. Inspire each other, and learn from your neighbors to create your own zero-waste or recycling strategy and policies! Additionally, this team can make store owners and employees more aware about sustainable initiatives and together work on a more sustainable shopping center.



## Water and energy efficient

**Reduce your water and energy consumption, and remember that even small contributions are contributions!**

Some of the tips are rather small things that will not contribute a lot to the efficiency, but adding them up together they do make a significant contribution on both the energy bill and the climate.





**Boil only the water you need, turn off the tap when soaping your hands and use water you are not drinking anymore to water the plants!**

## Tips to be efficient

- **Use LED lighting**, which is the most energy- efficient form of lighting. With this, a significant reduction of energy consumption can be reached!
  - **Turn off lights in areas that are not used.**  
It could be helpful to use motion sensors and timers for this.
  - **Use energy-efficient devices!**  
Electrical devices also have an energy label, which you can have a look at before purchase. Make sure that the coffee you are drinking in the break consumed as less energy as possible, by choosing for that energy-efficient coffee machine.
  - A pleasant indoor temperature is important, but would turning it down with 1 degree Celsius differ much? **Try turning the heating down to a lower but still pleasant temperature.**
- Better for the environment and for the energy bill from now on!
- **Supply the kitchen with reusable coffee and tea mugs.**  
Employees can drink their tea from the same mug all day. This reduces trash generation and makes sure the dishwasher needs to be ran unnecessary.
  - **The climate is changing, and water scarcity is increasing.** Do not contribute to peak scarcity by running the dishwasher at night, and only when fully packed.
  - **Make clever use of water in the kitchen.** Boil only the water you need, turn off the tap when soaping your hands and use water you are not drinking anymore to water the plants!

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